



October menu 2020

Native American month here at SMDS lets dance the month away

Monday 10/5/20	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Granola/ apple /yogurt	Bagel/ cream cheese /Fruit	Pancake/Cheese Stix/ Fruit	Combo bar/hash brown/ fruit	Cereal/fruit
Hot dog/bun Veg/bean/ orange	Nachos Lettice/tomato Fruit	Ham Lettice tomato wrap/fruit	Posole/roll/ salad Fruit	PBJ KIT/ veg/ Fruit
12	13	14	15	16
Cereal/muffin Fruit	Dutch waffle syrup/fruit	Cereal/toast jelly Fruit	bagel cream cheese/fruit	Cereal/ Fruit
Corn dog/broccoli fruit	Fish/ FF or wedges mixed veg/Fruit	Salad -ham crackers/fruit	Chile beans/crackers/salad fruit	Turkey sand/ sun chips Fruit
19	20	21	22	23
Cereal/1/2 bagel Fruit	Muffin/fruit	Nutria grain bar/Fruit	Granola/yogurt/fruit	Cereal /fruit
Chicken /ff Mixed veg/fruit	Burrito/rice Tomatoes/celery fruit	Pizza Pizza with tomato salad/fruit	Potato/pork soup Roll salad/fruit	Sandwich veg/fruit assorted day
26	27	28	29	30
Granola/ apple /yogurt	Combo bar/hash brown/ fruit	Cereal/1/2 bagel Fruit	Muffin/fruit	Cereal /fruit
Ham/cheese Lettice tomato /fruit	Hamburger/Chips Lettice/ tomato Veg /Fruit	Salad -turkey crackers/fruit	Posole Roll veg fruit	PBJ KIT/ veg/ Fruit

SMDS welcomes your input in our Health/wellness policy

Menu is subject to change

All meal served with a milk. 1% and/or FF or FF and/or 1%

Parents/Guardians may pick up meals for students if need be, but please be advised that you may be asked for an ID of any type to confirm who you are, Also, no one under 18 years old is to be picking up any meals for students, Enrolled student ok for picking up long as it does not interrupt class time .

Service starts at first Bus stop @ **10 am** ending at 12:30 pm at last service location

We will be adjusting time as we move forward in this school year and thank you all for understanding.

Any Questions, you may call:

SMDS FOOD SERVICE

Second Mesa Day School P.O. Box 98 Second Mesa, Az 86043

Phone: 928-737-2571, Ex 4113 Fax: 928-737-2565

To safeguard the health and well-being of the *HOPInation's children* by establishing good eating habits and providing adequate food for the children

This institution is an equal opportunity employer

SMDS

Bobcat Dining hall

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